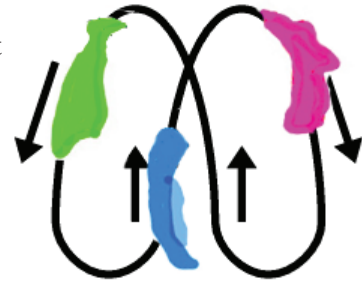


Scarf Juggling



Most people have spent all of their lives learning that they couldn't juggle. When people try to teach themselves, they draw on their image of juggling, an image that is false. People assume that juggling three items means keeping all of them in the air travelling around in a circle. Not true! A more accurate image would be that of a figure eight on its side. Here's a fast, easy way to learn this ancient skill. Check out your old beliefs, impress your friends, and have fun!



1. One Scarf

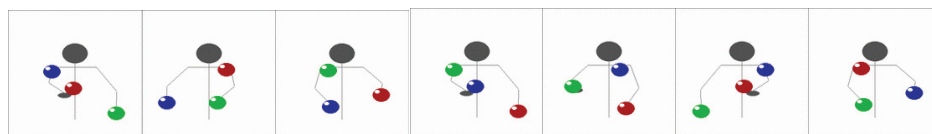
- Hold one scarf loosely in the right hand (if right handed) with your palm down.
- Lift your right arm as high as you can across your chest in an "x" motion and flick the scarf upwards.
- Reach high with the left hand and catch the scarf by clawing straight down. (Reverse procedure if blessed by being left handed.)
- Now with your other hand, toss the scarf back across you chest to the original hand.

2. Two Scarves

- Hold one scarf in each hand. Toss the first one across your body as you did above.
- After you have released the first one, throw the one in the other hand using the same motion, making an "x" across the body.
- Catch the first scarf by clawing down with the left hand. Catch the second scarf by clawing down with the right hand.

3. Three Scarves

- Hold two scarves loosely in the right hand (parking one in the back of your palm and the other one between your thumb and forefinger) and one in the left.
- Start with the hand that has two. Never throw from the SAME hand twice in a row. When number one gets to the top, throw scarf in the left hand.
- As you bring your hand down from tossing number two, catch number one and toss number three with the right hand. Never throw from the same hand twice in a row. Sounds like one of those easy-to-assemble Christmas toys doesn't it. What the heck, they're pretty.



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